



Benefits & Risks of Services

Behavioral Health Benefits	Physical Health Benefits
<p>Members are more likely to avoid psychiatric hospitalization, incarceration, substance abuse, homelessness, and the loss of parental rights.</p> <p>Adults are more likely to lead stable, productive lives by:</p> <ul style="list-style-type: none"> • Effectively managing medications and symptoms of mental illness. • Achieving and maintaining employment. • Building and sustaining productive social relationships. • Meeting and achieving personal objectives and goals. <p>Enjoying healthy and appropriate family relationships.</p> <p>For children, psychiatric/behavioral health services promote reaching developmentally appropriate milestones and developing skills to manage mental health symptoms as they transition into adulthood.</p>	<p>Physical health services provided by RHS aim to enhance the overall well-being of members, allowing them to lead healthier and more active lives. The benefits of these services include:</p> <ul style="list-style-type: none"> • Improved management of chronic conditions (e.g., diabetes, hypertension, asthma). • Increased physical functioning, mobility, and independence. • Enhanced quality of life through preventative care and early intervention. • Better nutrition and exercise habits, contributing to overall health. • Reduced reliance on emergency medical services due to proactive health management. <p>Higher ability to maintain employment and engage in daily activities.</p>

Behavioral Health Risks	Physical Health Risks
<p>There are associated risks that participants should be aware of, including:</p> <ul style="list-style-type: none"> • The potential discovery of past trauma or abuse. • Possible side effects from medications. • Strain on family relationships, particularly when participants make progress, but family members who are not receiving services remain unchanged. • Increased understanding of mental illness, which requires dedication to progress in treatment objectives. • Facing underlying challenges that may surface during assessments. <p>Loss of familiar social relationships that may be deemed unhealthy or which could encourage substance abuse.</p>	<p>There are risks that members should be aware of including:</p> <ul style="list-style-type: none"> • Potential side effects or complications from medications or treatments. • Discomfort or pain during physical rehabilitation, therapy, or exercise programs. • Risk of injury or strain if physical therapy or prescribed exercises are not followed correctly. • Emotional or mental strain as participants cope with physical limitations or long-term illnesses. <p>Potential for frustration or setback in health goals if progress is slower than expected.</p>